

## FS PSHE and Online Safety – Stannington Infant School

Supported through use of Jigsaw PSHE scheme and Sheffield Online Safety Curriculum

### Puzzle Overview

<b>Puzzle 1</b> <b>Being Me in My World</b>	<b>Puzzle Outcome</b> Help me fit together the six piece of learning about Being Me in My World to create the Learning Charter		
<b>Weekly celebrations</b>	<b>Pieces</b>	<b>Learning Intentions</b>	<b>Online Safety links</b>
<b>Help others to feel welcome</b>	1. Who ...Me?!	I understand how it feels to belong and that we are similar and different.	
<b>Try to make our setting a better place.</b>	2. How am I feeling today?	I can start to recognise and manage my feelings.	
<b>Think about everyone's right to learn.</b>	3. Being at school	I enjoy working with others to make school a good place to be.	Children could make own AUP 'rules' for using iPad/laptop/PC in class.
<b>Care about other people's feelings.</b>	4. Gentle hands	I understand why it is good to be kind and use gentle hands. I can use kind words when talking to friends online.	Discussion around being kind on and off screen.
<b>Work well with others</b>	5. Our rights	I am starting to understand children's rights and this means we should all be allowed to learn and play. I can share technology with my friends.	Children could make own AUP 'rules' for using iPad/laptop/PC in class.
<b>Choose to follow the Learning Charter</b>	6. Our responsibilities	I am learning to understand what being responsible means.	Children share AUP and follow

This could be done as part of the computing unit in Aut term and used around school and in the rooms where we store the laptops and iPads.

<b><u>Puzzle 2</u></b> <b>Celebrating Differences</b>	<b><u>Puzzle Outcome</u></b> Help me fit together the six piece of learning about Celebrating Differences to create a Hall of Fame display.		
<b>Weekly celebrations</b>	<b>Pieces</b>	<b>Learning Intentions</b>	<b>Online Safety links</b>
<b>Accepting that everyone is different</b>	1. What am I good at?	I can identify something I am good at and understand everyone is good at different things.	
<b>Including others when working and playing</b>	2. I'm special, I'm me	I understand that being different makes us all special.	
<b>Know how to help if someone is being bullied</b>	3. Families	I know we are all different but the same in some ways. I know what to do if somebody is unkind to me online.	Discussion around being kind on and off screen.
<b>Try to solve problems</b>	4. Houses and homes	I can tell you why I think my home is special to me.	
<b>Try to use kind words</b>	5. Making friends	I can tell you how to be a kind friend. I can be a kind friend online.	Discussion around being kind on and off screen.
<b>Know how to give and receive compliments</b>	6. Standing up for yourself	I know which words to use to stand up for myself when someone says or does something unkind.	

<b><u>Puzzle 3</u></b> Dreams and Goals	<b><u>Puzzle Outcome</u></b> Help me fit together the six piece of learning about my Dreams and Goals to create Our Garden of Dreams and Goals.		
<b>Weekly celebrations</b>	<b>Pieces</b>	<b>Learning Intentions</b>	<b>Online Safety links</b>
<b>Stay motivated when doing something challenging</b>	1. Challenge	I understand that I preserve I can tackle challenges.	
<b>Keep trying even when it is difficult</b>	2. Never giving up	I can tell you about a time I didn't give up until I achieved my goal.	
<b>Work well with a partner or in a group</b>	3. Setting a goal	I can set a goal and work towards it.	
<b>Have a positive attitude</b>	4. Obstacles and support	I can use kind words to encourage people.	
<b>Help others to achieve their goals</b>	5. Flight to the future	I understand the link between what I learn now and the job I might like to do when I'm older.	
<b>Are working hard to achieve their own dreams and goals</b>	6. Footprint award	I can say how I feel when I achieve a goal and know what it means to make me proud.	
	<b>Safety and Online Communities</b>	I understand that some things people do online are good, and somethings people do online are not good.	I can recognise when an online community feels unsafe or uncomfortable.

<b>Puzzle 4</b> <b>Healthy Me</b>	<b>Puzzle Outcome</b> Help me fit together the six piece of learning about Healthy Me to create 'The Happy, Healthy Me Recipe Book'.		
<b>Weekly celebrations</b>	<b>Pieces</b>	<b>Learning Intentions</b>	<b>Online Safety links</b>
<b>Have made a healthy choice</b>	1. Everybody's body	I understand that I need to exercise to keep my body healthy.	Discussion around screen time and when they play on electronic devices near bedtime Idea of a digital sunset
<b>Have eaten a healthy, balanced diet</b>	2. We like to move it, move it!	I understand how moving and resting are good for my body.	
<b>Have been physically active</b>	3. Food, glorious food	I know which foods are healthy and not so healthy and can make healthy eating choices.	
<b>Have tried to keep themselves and others safe</b>	4. Sweet dreams	I know how to help myself go to sleep and understand why sleep is good for me. I know when to switch off my electronic devices to help me sleep.	Discussion around screen time and when they play on electronic devices near bedtime Idea of a digital sunset
<b>Know how to be a good friend and enjoy healthy friendships</b>	5. Keeping clean	I can wash my hands thoroughly and understand why this is important especially before I eat and after I go to the toilet.	Discussion around being kind on and off screen.
<b>Know how to keep calm and deal with difficult situations</b>	5. Stranger danger	I know what a stranger is and how to say safe is a stranger approaches me. I know how to keep information about myself safe.	Lee and Kim cartoon – butterflies in tummy

Article about a school that had a 'digital sunset' for children: <http://uckfieldnews.com/children-at-manor-primary-school-face-digital-sunset-challenge/>

Kim and Lee cartoon <https://www.youtube.com/watch?v=-nMUbHuffO8>

Kim and Lee resources and information page [https://www.thinkuknow.co.uk/5\\_7/leeandkim/](https://www.thinkuknow.co.uk/5_7/leeandkim/)

<b><u>Puzzle 5</u></b> <b>Relationships</b>	<b><u>Puzzle Outcome</u></b> Help me fit together the six piece of learning about relationships to create 'Our Relationship Fiesta.'		
Weekly celebrations	Pieces	Learning Intentions	Online Safety links
Know how to make friends	1. My family and me!	I can identify some of the jobs I do in my family and how I feel like I belong.	
Try to solve friendship problems when they occur	2. Make friends, make friends, never never break friends!	I know how to make friends to stop myself from being lonely. I know how to make friends online safely.	<a href="#">Making friends online</a>
Help others to feel part of a group	3. Make friends, make friends, never never break friends!	I can think of ways to solve problems and stay friends.	
Show respect in how they treat others	4. Falling out and bullying	I am starting to understand the impact of unkind words.	<a href="#">Online friendships</a>
Know how to help themselves and others when they feel upset and hurt	5. Falling out and bullying	I can use Calm Me time to manage my feelings.	
Know and show what makes a good relationship	6. Being the best friend you can be	I know how to be a good friend.	<a href="#">Online friendships</a>

<b><u>Puzzle 6</u></b> <b>Changing Me</b>	<b><u>Puzzle Outcome</u></b> Help me fit together the six piece of learning about Changing me to create a Tree of Change display		
<b>Weekly celebrations</b>	<b>Pieces</b>	<b>Learning Intentions</b>	<b>Online Safety links</b>
<b>Understand that everybody is unique and special</b>	1. My body	I can name parts of the body.	
<b>Can express how they feel when change happens</b>	2. Respecting my body	I can tell you some things I can do and foods I can eat to be healthy.	
<b>Understand and respect the changes that they see in themselves</b>	3. Growing up	I understand that we all grow from babies to adults.	
<b>Understand and respect the changes that they see in other people</b>	4. Fun and fears	I can express how I feel about moving to Year 1	
<b>Know who to ask for help if they are worried about change</b>	5. Fun and fears	I can talk about my worries and/or the things I am looking forward to about being in Year 1	
<b>Are looking forward to change</b>	6. Celebrations	I can share my memories of the best bits of this year in FS	