

Year 1 PSHE and Online Safety – Stannington Infant School

Supported through use of Jigsaw PSHE scheme and Sheffield Online Safety Curriculum

Puzzle Overview

Puzzle 1 Being Me in My World	Puzzle Outcome Help me fit together the six piece of learning about Being Me in My World to create the Learning Charter		Online Safety links
Pieces			
1. Special and Safe	I know how to use my Jigsaw Journal.	I feel special and safe in my class.	
2. My class	I understand the rights and responsibilities as a member of my class.	I know that I belong to my class.	
3. Rights and Responsibilities	I understand the rights and responsibilities of being a member of my class.	I know how to make my class a safe place for everybody to learn.	Children could make own AUP 'rules' for using iPad/laptop/PC in class.
4. Rewards and Feeling Proud	I know my views are valued and can contribute to the Learning Charter.	I can recognise how it feels to be proud of an achievement.	
5. Consequences	I can recognise the choices I make and understand the consequences.	I can recognise how it feels to be proud of an achievement.	
6. Owning our Learning Charter	I understand my rights and responsibilities within our Learning Charter.	I can understand my choices in following the Learning Charter.	Children share AUP and follow

This could be done as part of the computing unit in Aut term and used around school and in the rooms where we store the laptops and iPads.

Puzzle Overview

Puzzle 2 Celebrating Difference	Puzzle Outcome		Online Safety links
Pieces			
1. The same as	I can identify similarities between people in my class.	I can tell you some ways in which I am the same as my friends.	
2. Difference from	I can identify differences between people in my class.	I can tell ways I am different from my friends.	
3. What is 'bullying'?	I can tell you what bullying is. I can tell you what bullying is online.	I understand how being bullied might feel.	Discuss online bullying and what this may be like.
4. What do I do about bullying?	I know some people who I can talk to if I was feeling unhappy or being bullied.	I can be kind to people who are being bullied.	Lee and Kim online video clips
5. Making new friends	I know how to make new friends.	I know how it feels to make a new friend.	Discuss not sharing personal information with 'new' friends online. Play the differences game to highlight how unique somethings are to you.
6. Celebrating difference; celebrating me	I can tell you some ways I am different from my friends.	I understand these differences make us all special and unique.	

Kim and Lee cartoon <https://www.youtube.com/watch?v=-nMUbHuffO8>

Kim and Lee resources and information page https://www.thinkuknow.co.uk/5_7/leeandkim/

Puzzle Overview

<u>Puzzle 3</u> Dreams and Goals	<u>Puzzle Outcome</u>		<u>Online Safety links</u>
Pieces			
1. My Treasure Chest of Success	I can set simple goals.	I can identify my successes and achievements.	
2. Steps to Goals	I can set a goal and work out how to achieve it.	I can tell you how I learn best.	
3. Achieving together.	I understand how to work well with a partner.	I can celebrate achievement with my partner.	
4. Stretchy Learning	I can tackle a new challenge and understand this might stretch my learning.	I can identify how I feel when I am faced with a new challenge.	
5. Overcoming Obstacles.	I can identify obstacles which make it more difficult to achieve my new challenge and can work out how to overcome it.	I can know how I feel when I see obstacles and how I feel when I cover come them.	
6. Celebrating my success	I can tell you how I felt when I succeeded in a new challenge and how I celebrated it.	I know to store the feelings of success in my internal treasure chest.	
Safety and Online Communities	I understand that some things people do online are good, and somethings people do online are not good.	I can recognise when an online community feels Insafe or uncomfortable.	

Puzzle Overview

<u>Puzzle 4</u> Being Healthy	<u>Puzzle Outcome</u> Help me fit together the six piece of learning about Healthy Me to create 'The Happy, Healthy Me Recipe Book'.		<u>Online Safety links</u>
Pieces			
1. Being healthy	I understand the difference between being healthy and unhealthy, and know some ways to keep myself healthy.	I feel good about myself when I make healthy choices.	
2. Healthy choices	I know how to make healthy lifestyle choices. I can make healthy choices about my online lifestyle choices.	I feel good about myself when I make healthy choices.	Discussion around screen time/ playing on iPads at bedtime. Discuss the idea of 'digital sunsets'
3. Clean and Healthy	I know how to keep myself clean and healthy, and understand how germs cause disease/illness. I know that all household products including medicines can be harmful if not used properly.	I am special so I keep myself safe.	
4. Medicine Safety	I understand that medicines can help me if I feel poorly and I know how to use them safely.	I know some ways to help myself when I feel poorly.	
5. Road Safety	I know how to keep safe when crossing the road, and about people who can help me to stay safe.	I can recognise when I feel frightened and know who to ask for help.	
6. Happy, healthy me	I can tell you why my body is amazing and can identify some ways to keep it safe and healthy.	I can recognize how being healthy helps me to feel happy.	

Article about a school that had a 'digital sunset' for children: <http://uckfieldnews.com/children-at-manor-primary-school-face-digital-sunset-challenge/>

Puzzle Overview

<u>Puzzle 5</u> Relationships	<u>Puzzle Outcome</u>		<u>Online Safety links</u>
Pieces			
1. Families	I can identify the members of my family and understand that there are lots of different types of families. I know that I may see some friend and family in person and some online.	I know how it feels to belong to a family and care about the people who are important to me.	Kim and Lee
2. Making friends	I can identify what being a good friend means to me.	I know how to make a new friend.	Kim and Lee Hector's World Links to not oversharing information
3. Greetings	I know appropriate ways of physical contact to greet my friends and know which ways I prefer. I know appropriate ways to greet my friends online.	I can recognize which forms of physical contact are acceptable and unacceptable to me.	Discussion around how we would greet people online and what is an appropriate way to do this.
4. People who help us	I know who can help me in my school community.	I know when I ask for help and now how to ask for help.	
5. Being my own best friend	I can recognize my qualities as a person and a friend.	I know ways to praise myself.	
6. Celebrating my special relationships	I can tell you why I appreciate someone who is special to me.	I can express how I feel about them.	

Kim and Lee cartoon <https://www.youtube.com/watch?v=-nMUbHuffO8>

Kim and Lee resources and information page https://www.thinkuknow.co.uk/5_7/leeandkim/

Puzzle Overview

<u>Puzzle 6</u> Changing Me	<u>Puzzle Outcome</u>		<u>Online Safety links</u>
Pieces			
1. Life cycles	I am starting to understand the life cycles of animals and humans.	I understand that changes happen as we grow and this is OK.	
2. Changing Me	I can tell you some things about me that have changed and some things about me that have stayed the same.	I know that changes are OK and that sometimes they will happen whether I want them to or not.	
3. My Changing body	I can tell you how my body has changed since I was a baby.	I understand that growing up is natural and that everybody grows at different rates.	
4. Boys' and Girls' bodies	I can identify the parts of the body that make boys different to girls and can use correct names for these: penis, testicles, vagina	I respect my body and understand which parts are private.	
5. Learning and growing	I understand that every time I learn something new I change a little bit.	I enjoy learning new things.	
6. Coping with changes	I can tell you about changes that have happened in my life.	I know some ways to cope with changes.	