

Welcome to the Monthly Bulletin

The next issue will be out in April

March



We are delighted to be welcoming back to school all children and their families.

For primary schools' practices have not changed since the autumn in terms of Coronavirus safety. Children will remain in bubbles in class, at lunchtime and during break times. Staff will be wearing masks or visors at certain times of the day but primary children do not need to do so. Parents are required to wear face masks whilst on the school grounds, thank you for your support in this regard. We will continue to operate the staggered drop off and collection times. Please be punctual and arrive no earlier than five minutes before your class's start time.

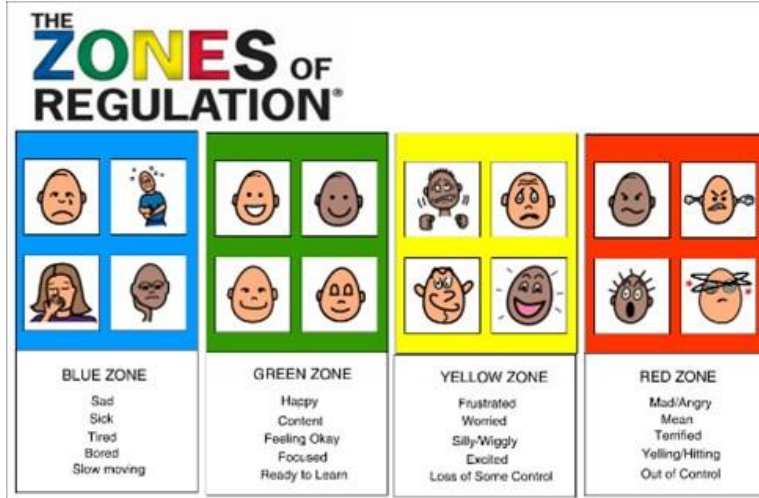
We will continue to have regular hand washing and cleaning routines in school. Staff are taking lateral flow Covid tests twice a week but there is no requirement for primary aged children to do so.

All children should bring a water bottle and a coat to school every day. Please make sure they bring their pencil case back to school with them. If your child has an inhaler for asthma, please make sure they have one in school.

We would ask that all families follow government lockdown rules, as they change throughout the rest of the school year, to help keep our whole school community and families safe.

We are very aware that children will need a settling in period as they come back to school and we will have their well-being as a priority throughout the school year.

You may hear the children referring to colours for emotions as we will use a 'zones of regulation' approach throughout school.



We will focus on relationships through bonding activities and on good learning behaviours. Families can support this by encouraging resilience and positivity with your children as they return to school. Please make sure children have good sleep routines and a healthy breakfast to ensure they are in the best frame of mind for learning and enjoying school. Thank you

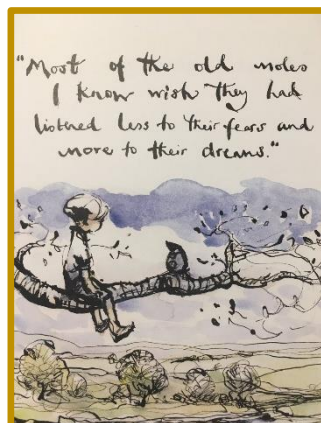
Supporting Parents Helpfinder (Young Minds)

Times are tough for many people right now. Parents find themselves pulled in many different direction and children may be struggling being in the house for so much longer than usual.

A mixture of concern about covid, work from home and children at home, along with a possible financial impact make for a stressful household.

Young Minds have created a useful 'Supporting Parents Helpfinder'. By answering six questions, parents can find out how to support their child's mental health during the pandemic (and beyond).

Find the help finder here: <https://youngminds.org.uk/supporting-parents-helpfinder/>



RED NOSE DAY

**FRIDAY
19TH
MARCH
2021**

Red Nose Day is back on Friday 19th March and this year it's never felt more important to have some fun and raise money to support people living incredibly tough lives.

10 brand new Red Noses that are 100% plastic free!

Each red nose has its own home in the great outdoors. Carefully open your nose box to reveal your nose character, then turn the box inside out and build your nose its very own tree house!



Red Noses
£1.50
each
Available to purchase from school via Parentmail

On March 15th we are launching a **WOW activity tracker** in partnership with Living Streets.

WOW is a pupil-led initiative where children self-report how they get to school every day. If they travel sustainably (walk, cycle, scoot or Park and Stride) at least once a week for a month, they get rewarded with a special badge each month. It's that easy!

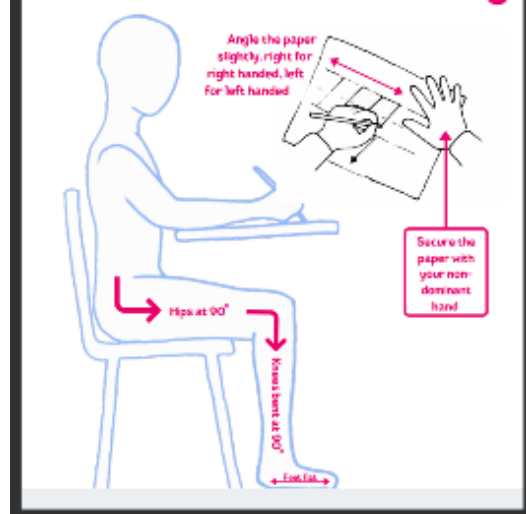
The monthly WOW badges are made using excess yoghurt-pot material previously destined for landfill and are produced in the UK, minimising the carbon footprint. The packaging used is 100% biodegradable. Living Streets is proud to have found a brilliant use for landfill material.



Screens and Seating

<p>10 10 10</p> <p>Every 10 minutes, look at an object at least 10 meters away for at least 10 seconds</p>	<p>Take a break of 15+ minutes for every 1.5 hours you spend on your device</p>	<p>Your screen should be an arm's length away from your face.</p> <p>The centre of the screen should be about 10-15 degrees below eye level</p>
<p>Make sure your feet can reach the floor</p>	<p>Cut glare by using a matte screen filter. You can find them for all types of screens</p>	<p>Use a flannel or cucumber slices to refresh your eyes when they feel dry</p>
<p>Use warmed wheat bag over eyes</p>	<p>Try putting a humidifier in the room where you most often use a computer or other device</p>	<p>Check your lighting is bright enough. Your device shouldn't be brighter than the surroundings</p>

Screens and Seating



We encourage good posture in the classroom by using a reminder of 'B B C' which stands for Back to the Back of the Chair.



School Terms and Holidays

Academic Year 2020/2021

Please make a note of the school calendar to avoid requesting term time leave. Please share with other family members who may be involved in arranging holidays.

Term Dates (All dates inclusive)

Autumn	Monday 1 September 2020	Friday 18 December 2020
Spring	Monday 4 January 2021	Thursday 1 April 2021
Summer	Monday 19 April 2021	Wednesday 21 July 2021

Holiday Periods

School re-opens	Thursday 3 September 2020	
Half Term	Monday 26 October 2020	Friday 30 October 2020
Christmas	Monday 21 December 2020	Friday 1 January 2021
Spring Half Term	Monday 15 February 2021	Friday 19 February 2021
Easter	Friday 2 April 2021	Friday 16 April 2021
May Day	Monday 3 rd May 2021	
Spring Bank	Monday 31 May 2021	Friday 4 June 2021
Summer	School closes at the end of the day on Tuesday 20 July 2021	
SATs Weeks	First three weeks May 2021	

Staff Training Days

Autumn	Tuesday 1 st September 2020 Wednesday 2 nd September 2020 Friday 23 rd October 2020	
Spring		
Summer	Friday 28 th May 2021 Wednesday 21 st July 2021	

Contact us

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Headteacher: Sarah Binns

Deputy Headteacher: Liz Harris



Chair of Governors: Elizabeth Tunnard



People Services

SCHOOL CALENDAR FOR THE 2021/22 ACADEMIC YEAR
For community and voluntary controlled primary, secondary and special schools

September (22 Days)							October (16 Days)							November (22 Days)							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
		1	2	3	4	5					1	2	3	1	2	3	4	5	6	7	
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	
27	28	29	30				25	26	27	28	29	30	31	29	30						
December (13 Days)							January (20 days)							February (15 days)							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
		1	2	3	4	5						1	2		1	2	3	4	5	6	
6	7	8	9	10	11	12	3	4	5	6	7	8	9	7	8	9	10	11	12	13	
13	14	15	16	17	18	19	10	11	12	13	14	15	16	14	15	16	17	18	19	20	
20	21	22	23	24	25	26	17	18	19	20	21	22	23	21	22	23	24	25	26	27	
27	28	29	30	31			24	25	26	27	28	29	30	28							
							31														
March (23 Days)							April (10 Days)							May (19 Days)							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
		1	2	3	4	5	6					1	2	3							1
7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8	
14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15	
21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22	
28	29	30	31				25	26	27	28	29	30	23	24	25	26	27	28	29		
													30	31							
June (19 Days)							July (16 Days)							August							
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	
		1	2	3	4	5					1	2	3	1	2	3	4	5	6	7	
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	
27	28	29	30				25	26	27	28	29	30	31	29	30	31					

 Denotes Bank Holidays
 Denotes School Holidays

195 days – including 5 days to be taken as professional development days for teaching staff

We will notify families of In-service training days for 2021/22 shortly.